

Combatting Doubt

Psalms 77

1 I **cried** unto God with my **voice**, even unto God with my **voice**; and he gave ear unto me.

2 In the day of my **trouble** (*sara*) I sought the Lord: my **sore** (*yad*) ran in the night, and ceased not: my soul refused to be comforted.

3 I remembered God, and was **troubled** (*hama*): I complained (*meditate*), and my spirit (*ruah*) was overwhelmed. **Selah**.

4 Thou holdest mine eyes waking: I am so **troubled** (*pa'am*) that I cannot speak.

5 I have considered the days of old, the years of ancient times.

6 I call to **remembrance** my **song in the night**: I commune (*siyah*) with mine own heart: and my spirit (*ruah*) made diligent search.

7 Will the Lord (*Adonai*) cast off (*zanah*) forever? and will he be favourable no more?

8 Is his mercy clean gone forever? doth his promise fail (*gamar*) for evermore (*dor*) ?

9 Hath God **forgotten** to be gracious? hath he in anger shut up his tender mercies (*raham*)? **Selah**.

10 And I said, This is my infirmity (*hala*): *but I will remember* the years of the right hand of the most High (*Elyon*).

11 I will remember the works of the LORD (*Yah*): surely I will remember thy wonders (*pele*) of old.

12 I will meditate (*haga*) also of all thy work (*po'al*), and talk (*siyah*) of thy doings.

13 Thy way, O God (Elohim), is in the sanctuary (qodes): who is so great a God as our God (*Elohim*)?

Sara – straits, distress, trouble, (related to sarar - narrow place, bound, etc.)

Hama – troubled, to murmur, growl, cry aloud, mourn

Pa'am – troubled, agitated, to be beaten, to be disturbed

Siyah – commune, talk, meditate, complain, muse, study, sing

Zanah – cast off/away, turn away, be removed far off, reject, spurn

Gamar – to end (in a sense of completion or failure)

Dor – period, generation, habitation, dwelling

Raham – mercy, compassion, womb, bowels, tender love

Haga – meditate, mourn, speak, imagine, study, mutter, utter, roar

Po'al – a thing done, a thing made, wages of work, acquisition (of treasure)

Qodes – a sacred place or thing, apartness, holiness, separateness

<p>14 Thou art the God that doest wonders (<i>pele</i>): thou hast declared thy strength among the people. 15 Thou hast with thine arm redeemed thy people, the sons of Jacob and Joseph. Selah.</p> <p>16 The waters (<i>mayim</i>) saw (<i>ra'a</i>) thee, O God (<i>Elohim</i>), the waters (<i>mayim</i>) saw (<i>ra'a</i>) thee; they were afraid (<i>hul</i>): the depths (<i>thom</i>) also were troubled (<i>ragaz</i>). 17 The clouds poured out water (<i>mayim</i>): the skies sent out a sound (<i>qol</i>): thine arrows also went abroad. 18 The voice (<i>qol</i>) of thy thunder was in the heaven (<i>galegal</i>): the lightnings lightened the world: the earth trembled (<i>ragaz</i>) and shook (<i>ra'as</i>). 19 Thy way is in the sea, and thy path in the great waters (<i>mayim</i>), and thy footsteps are not known. 20 Thou leddest thy people like a flock by the hand (<i>yad</i>) of Moses and Aaron.</p>	<p>Mayim – waters – bodily fluid/waste, waters of danger, violence, transitory things Hul (ChuwI) – to twist, whirl, dance, writhe, fear, tremble, be in anguish, be pained Thom – depths, abyss, sea or subterranean water supply Ragaz – tremble, quake, tremble, be perturbed Qol – voice, noise, sound, thunderings, proclamation Galegal – a wheel, a whirlwind, a whirl of dust/chaff, heaven Ra'as – to tremble, quake</p>
<p style="text-align: center;">Psalms 31</p> <p>1 In thee, O LORD, do I put my trust (<i>hasa</i>); let me never be ashamed: deliver me in thy righteousness. 2 Bow down thine ear to me; deliver me speedily: be thou my strong rock, for an house of defence to save me. 3 For thou art my rock and my fortress; therefore for thy name's (<i>samar</i>) sake lead me, and guide me. 4 Pull me out of the net that they have laid privily for me: for thou art my strength. 5 Into thine hand (<i>yad</i>) I commit my spirit (<i>ruah</i>): thou hast redeemed me, O LORD God of truth (<i>emet</i>). 6 I have hated them that regard lying vanities: but I trust (<i>batah</i>) in the LORD. 7 I will be glad and rejoice (<i>guwl</i>) in thy mercy: for thou hast considered (<i>ra'a</i>) my trouble (<i>aniy</i>); thou hast known my soul in adversities (<i>sara</i>);</p>	<p>Hasa – to trust, to make a refuge, have hope; to flee for protection, to confide</p> <p>Samar – name, renown, fame, a mark, memorial, or monument Emet – firmness, faithfulness, truth, sureness, stability Batah – to trust, be confident or sure, be bold, put confidence, make to hope, make to trust, to hie for refuge, but not so precipitately as <i>hasa</i>, to feel safe Guwl – to spin around (under the influence of any violent emotion), i.e. usually rejoice Aniy – trouble, affliction, misery, depression Sara – straits, distress, trouble (related to sarar - narrow place, bound, etc.)</p>

8 And hast not shut me up into the **hand** (*yad*) of the enemy: thou hast set my feet in a **large room** (*merhab*).

?!?!?!

9 Have mercy (*also favor*) upon me, O LORD (Jehovah), for I am in **trouble** (*sarar*): mine eye (**ayin**) is consumed with grief (*ka'as*), yea, my soul (*nepes*) and my belly (*beten*).

10 For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.

11 I was a reproach among all mine enemies, but especially among my neighbours, and a fear to mine acquaintance: they that did see me without fled from me.

12 I am forgotten as a dead man out of mind: I am like a broken vessel (*tool, weapon, instrument*).

13 For I have heard the slander of many: fear was on every side: while they took counsel together against me, they devised to take away my life (*nepes*).

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14 But I **trusted** (*batah*) in thee, O LORD (*Jehovah*): I said, Thou art my God (*Elohim*).

15 My times are in thy **hand** (*yad*): deliver me from the **hand** (*yad*) of mine enemies, and from them that persecute me.

16 Make thy face to shine upon thy servant: save me for thy mercies' sake.

17 Let me not be ashamed, O LORD; for I have called upon thee:

let the wicked be ashamed, and let them be silent in the grave.

18 Let the lying lips be put to silence; which speak grievous things proudly and contemptuously against the righteous.

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19 Oh how great is thy goodness (*towb*), which thou hast **laid up** (*sapan*) for them that fear thee; which thou hast wrought for them that **trust** (*hasa*) in thee before the sons of men!

20 Thou shalt hide them in the secret of thy presence from the pride of man: thou shalt keep them **secretly** (*sapan*) in a pavilion from the strife of tongues.

Merhab – breadth, large place, broad or roomy place, wide, expanses

Sarar – to bind, be narrow, be in distress, make narrow, be cramped, be in straits, be vexed or harrassed

Ayin – eye, physical eye, mental qualities, mental or spiritual faculties, spring or fountain (as the eye of the landscape)

Ka'as – anger, vexation, provocation, grief, frustration

Nepes – a breathing creature...seat of the appetites, also seat of emotions and passions

Beten – the belly, the womb, the body, seat of hunger, also seat of mental faculties

Batah – to trust, be confident or sure, be bold, put confidence, make to hope, make to trust, to hie for refuge, but not so precipitately as *hasa*, to feel safe

Sapan – to hide, to hoard or reserve, to protect, to hide treasure

Hasa – to trust, to make a refuge, have hope; to flee for protection, to confident

<p>21 Blessed (<i>barak</i>) be the LORD (<i>Jehovah</i>): for he hath shewed me his marvellous (<i>pala</i>) kindness (<i>hesed</i>) in a strong city.</p> <p>22 For I said in my haste (<i>hapaz</i>), I am cut off from before thine eyes: nevertheless thou heardest the voice of my supplications when I cried unto thee.</p> <p>23 O love the LORD, all ye his saints: for the LORD preserveth the faithful, and plentifully (<i>yeter</i>) rewardeth (<i>salam</i>) the proud doer.</p> <p>24 Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD.</p>	<p><i>Pala</i> – wonderful, marvelous, to be difficult to understand, to do an extraordinary or difficult thing</p> <p><i>Hapaz</i> – to start up suddenly, to hasten away, to fear</p> <p><i>Yeter</i> – an excess, remainder, abundant, exceeding, plentifully, remnant, residue</p> <p><i>Salam</i> – to be in a covenant of peace, to be complete/sound, to be made whole</p>
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Other scriptures that showcase this theme of doubt, then remembrance:

- Isaiah 49
- Lamentations 3 (...remembrance in verse 20, then we find the refrain of "Great is Thy Faithfulness")