

Spiritual Discipline

Psalms 37:7 Rest (damam) in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

Trustful Waiting

Joshua 10:12-13 Then spake Joshua to the LORD in the day when the LORD delivered up the Amorites before the children of Israel, and he said in the sight of Israel,

Sun, stand thou **still** upon Gibeon;
and thou, Moon, in the valley of Ajalon.

13 And the sun stood **still**, and the moon stayed,
until the people had avenged themselves upon their enemies.

Is not this written in the book of Jasher?

So the sun stood still in the midst of heaven,
and hasted not to go down about a whole day.

Psalms 62:5-6 My soul, **wait** thou only upon God; for my expectation is from him.

6 He only is my rock and my salvation: he is my defence; I shall not be moved.

Judgment

Amos 5:12-14 For I know your manifold transgressions and your mighty sins:

they afflict the just, they take a bribe,
and they turn aside the poor in the gate from their right.

13 Therefore the prudent shall keep **silence** in that time;
for it is an evil time.

14 Seek good, and not evil, that ye may live:
and so the LORD, the God of hosts, shall be with you, as ye have spoken.

Reverence

Zephaniah 1:7 Hold thy peace (hasa – “hush”) at the presence of the Lord GOD:

for the day of the LORD is at hand:
for the LORD hath prepared a sacrifice,
he hath bid his guests.

Habakkuk 2:20 But the LORD is in his holy temple:

let all the earth keep silence (hasa) before him.

Isaiah 42:13-14 The LORD shall go forth as a mighty man,
he shall stir up jealousy like a man of war:
he shall cry, yea, roar;
he shall prevail against his enemies.
14 I have long time holden my peace;
I have been still, and refrained myself:
now will I cry like a travailing woman;
I will destroy and devour at once.

In Silence the heart learns to listen

Psalms 46:10 Be still, and know that I am God:
I will be exalted among the heathen, I will be exalted in the earth.

Isaiah 30:15 For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved;
in quietness and in confidence shall be your strength: and ye would not.

In Silence we are shaped

Job 23:8-11 Behold, I go forward, but he is not there; and backward, but I cannot perceive him:
9 On the left hand, where he doth work, but I cannot behold him: he hideth himself on the right hand, that I
cannot see him: 10 But he knoweth the way that I take: when he hath tried me, I shall come forth as gold.
11 My foot hath held his steps, his way have I kept, and not declined.

Lamentations 3:25-26 The LORD is good unto them that wait for him, to the soul that seeketh him.
26 It is good that a man should both hope and quietly wait for the salvation of the LORD.

Be Silent With God, Not Just Before Him

Luke 23:9-10 Then he questioned with him in many words; but he answered him nothing. 10 And the chief
priests and scribes stood and vehemently accused him

Isaiah 53:7 He was oppressed, and he was afflicted, yet he opened not his mouth:
he is brought as a lamb to the slaughter, and as a sheep before her shearers is dumb,
so he openeth not his mouth.

James 1:19-20 Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to
wrath: 20 For the wrath of man worketh not the righteousness of God.