

My Distress

God Answers When We Cry Out

Psalms 4:1-8 **To the chief Musician on Neginoth, A Psalm of David.** Hear me when I call, O God of my righteousness: thou hast enlarged me *when I was* in distress; have mercy upon me, and hear my prayer. 2 O ye sons of men, how long *will ye turn* my glory into shame? *how long* will ye love vanity, *and* seek after leasing? Selah. 3 But know that the LORD hath set apart him that is godly for himself: the LORD will hear when I call unto him. 4 Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah. 5 Offer the sacrifices of righteousness, and put your trust in the LORD. 6 *There be* many that say, Who will shew us *any* good? LORD, lift thou up the light of thy countenance upon us. 7 Thou hast put gladness in my heart, more than in the time *that* their corn and their wine increased. 8 I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

2 Samuel 22:1-7 And David spake unto the LORD the words of this song in the day *that* the LORD had delivered him out of the hand of all his enemies, and out of the hand of Saul: 2 And he said, The LORD *is* my rock, and my fortress, and my deliverer; 3 The God of my rock; in him will I trust: *he is* my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence. 4 I will call on the LORD, *who is* worthy to be praised: so shall I be saved from mine enemies. 5 When the waves of death compassed me, the floods of ungodly men made me afraid; 6 The sorrows of hell compassed me about; the snares of death prevented me; 7 In my distress I called upon the LORD, and cried to my God: and he did hear my voice out of his temple, and my cry *did enter* into his ears.